

# CORONAVIRUS ABORIGINAL COMMUNITY **STAKEHOLDER PACK**



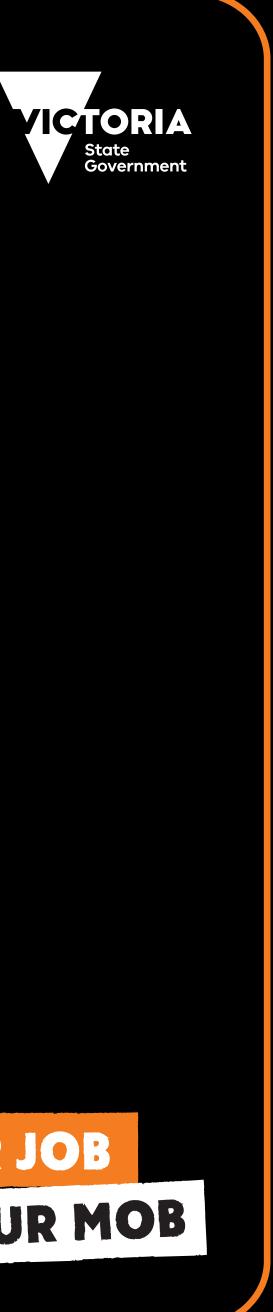




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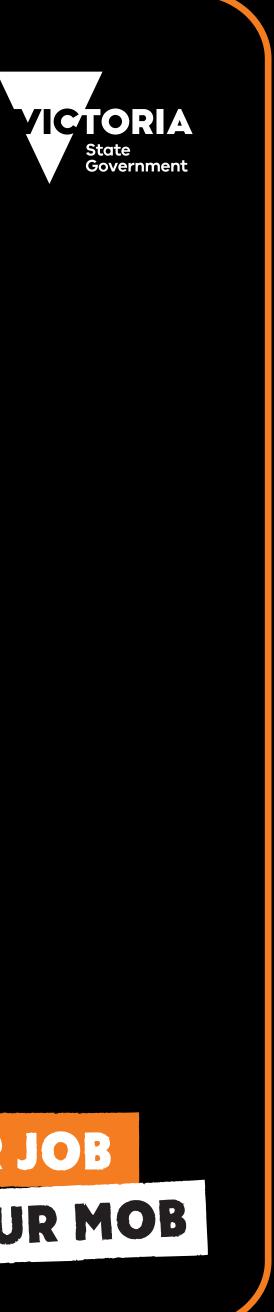
# PROTECT OUR MOB



## CORONAVIRUS (COVID-19) INTRODUCTION

The Victorian Government is committed to keeping the Aboriginal community informed about coronavirus (COVID-19).

The Joint COVID-19 Aboriginal Community Taskforce (the Taskforce) has been established by the **Department of Health and Human Services (DHHS)** and the Department of Justice and Community Safety (DJCS) to support a comprehensive, coordinated and culturally safe response to COVID-19 impacts on Aboriginal Victorians. This taskforce includes a range of Aboriginal organisations.







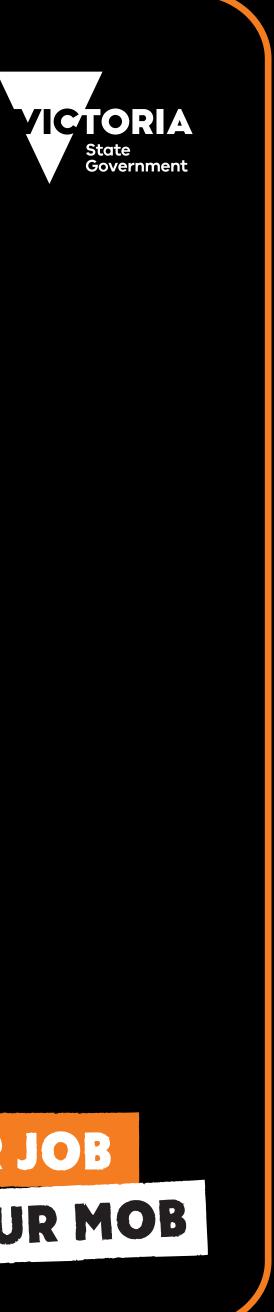
## CORONAVIRUS (COVID-19) INTRODUCTION

As a key stakeholder, with important connections across Victoria's Aboriginal community, we ask for your support in sharing this information widely through your networks.

Access to this information is especially important for people who may be isolated from friends, family and their usual support network. Making sure people understand what they can do to reduce their risk of coronavirus, is key to slowing the spread.

This pack provides links to a range of relevant materials.

This is the first update to the Stakeholder Pack. We will look to send updated packs out as information is updated.



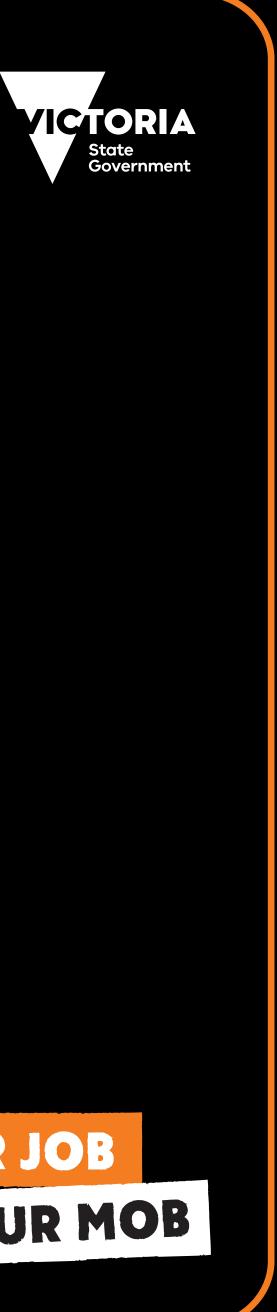




# CORONAVIRUS (COVID-19) WHAT YOU CAN DO TO HELP **SLOW THE SPREAD?**

- Share the materials in this kit with your community by email, social media or through messaging apps you use.
- Direct people to the Victorian Government's coronavirus website for current information and updates: www.coronavirus.vic.gov.au
- Advise anyone who is concerned to call the coronavirus hotline on 1800 675 398 (24 hours).











FACEBOOK AND INSTAGRAM CAROUSEL Q&A tiles

#### CAN WE STILL ORGANISE BIG EVENTS FOR MOB?

Gatherings of more than two

people are restricted - unless

it's with members of your own

No more than 10 people are

than 5 at a wedding.

allowed at funerals. No more

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#### CAN I VISIT FAMILY AND FRIENDS?

No.

There are only four reasons to be out – for food, exercise, medical care or caregiving, and study or work – but only if necessary.

This means no visiting family or friends. No parties.

IT'S OUR JOB PROTECT OUR MOB

Stay Deadly but Stay Home. Stay informed.

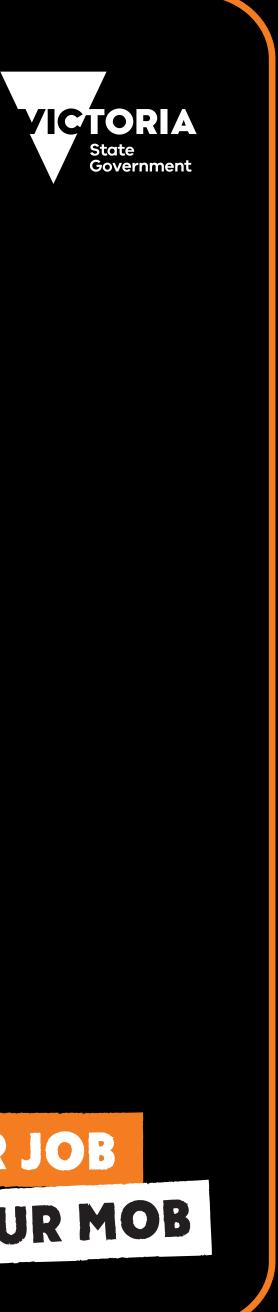
household.

No.

Stay Deadly but Stay Distant. Stay informed.

#### Suggested text:

There's lot of questions about what mob can and can't do at this time. We all need to make smart and respectful choices to protect our Elders and mob.









Yes, you can still pay your respects for loved ones in the dreaming, it's just done in different ways.

No more than 10 people are allowed at any funeral service.

You should check in with mob online or via phone to see how they're coping.

PROTECT OUR MOB

Help slow the spread. Stay informed.

Button: Learn more URL: coronavirus.vic.gov.au/...



### **Q&As social tiles** Topic: Health and assistance

#### **HOW SHOULD I STAY HEALTHY DURING THE RESTRICTIONS?**



Keep exercising, drink water and get plenty of sleep.

Have fun at home, dance, draw and create.

Cover your mouth and nose with a tissue when coughing or sneezing.

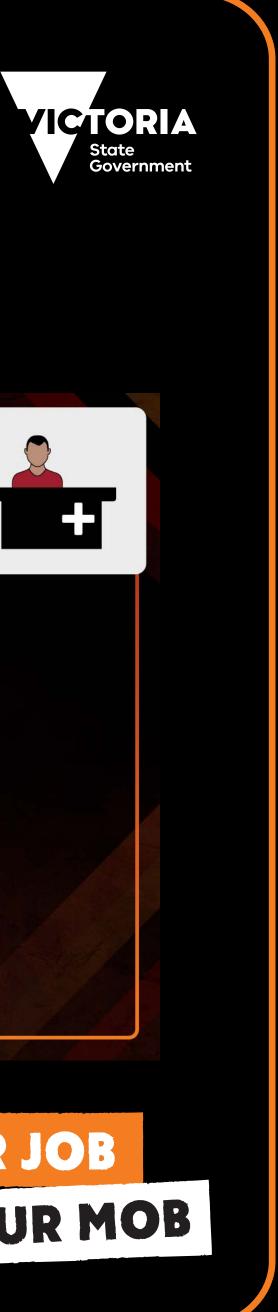
Wash your hands – for 20 seconds with soap and water.

Quit the smokes, call Quitline on 137 848.



#### HOW DO I STAY **CONNECTED WITH MY COMMUNITY?**

Yarn online, use Facebook, FaceTime or just the deadly phone. Write letters to Elders and family.

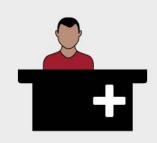






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#### **CAN I GET TESTED** FOR CORONAVIRUS?



Yes. If you have symptoms, it's really important that you get tested.

Call the dedicated hotline on 1800 675 398 for advice on arranging a test.

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### **Q&As social tiles** Topic: Gathering





No.

Gatherings of more than two people are restricted – unless it's with members of your own household.

No more than 10 people are allowed at funerals. No more than 5 at a wedding.

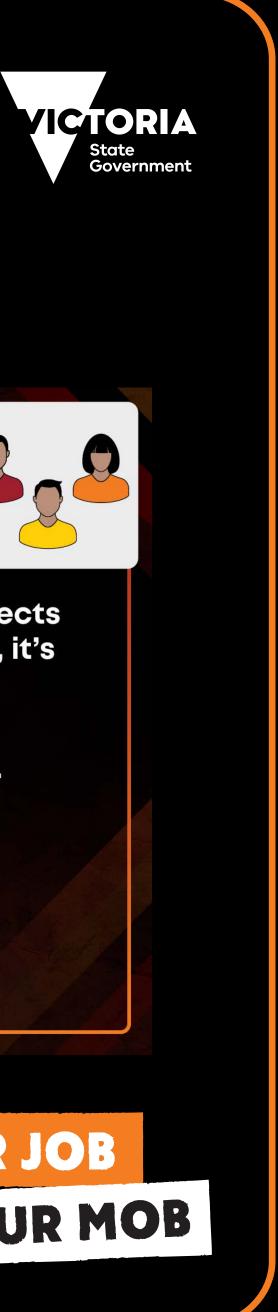
> **IT'S OUR JOB** PROTECT OUR MOB

#### CAN I VISIT FAMILY **AND FRIENDS?**

No.

There are only four reasons to be out - for food, exercise, medical care or caregiving, and study or work – but only if necessary.

This means no visiting family or friends. No parties.





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#### CAN WE STILL HAVE **SORRY BUSINESS?**



Yes, you can still pay your respects for loved ones in the dreaming, it's just done in different ways.

No more than 10 people are allowed at any funeral service.

You should check in with mob online or via phone to see how they're coping.

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### **Q&As social tiles** Topic: Gathering



Yes.

People can stay at their partner's home.

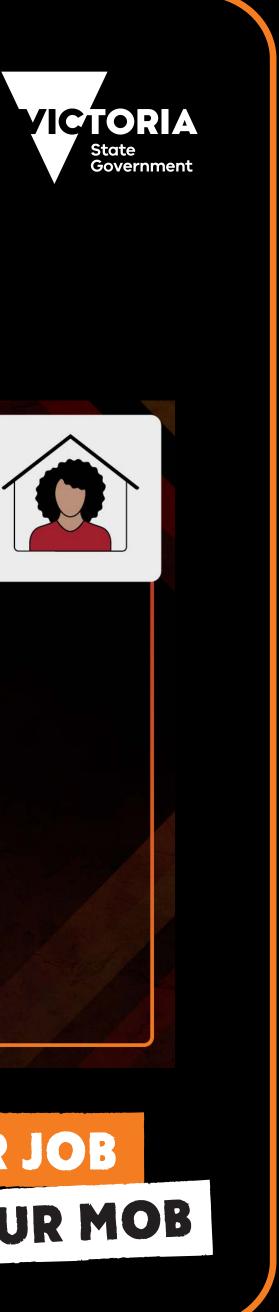
But, limit travel and use common sense. Keep at least 1.5m away from your partner's housemates or family.



#### CAN KIDS GO BETWEEN THE HOUSES OF THEIR PARENTS AND CARERS?

Yes. Children can travel between the houses of their parents or carers. All shared custody arrangements can continue as normal.

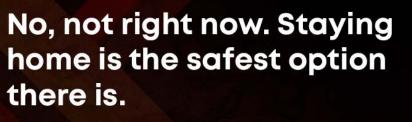
If you need to leave the house, you can drop your children at the house of a friend or family member.





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#### CAN WE GO AWAY FOR HOLIDAYS?



Kids can't be running the streets or sleeping at their mates' houses, even on the weekends.

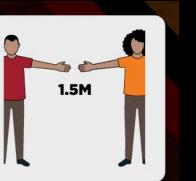
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#### **Q&As social tiles** Topic: Care

#### CAN I CONTINUE TO CARE FOR ELDERS OR PEOPLE THAT ARE SICK?



#### Yes.

But remember, Elders, Aboriginal people of 50+ years and those with health issues are at higher risk of contracting coronavirus (COVID-19). It's important that mob stay away to reduce the risk of spreading the virus.

If you are a caregiver, you need to reduce your risk of contracting or spreading coronavirus (COVID-19).

If you're feeling sick, isolate yourself and arrange for someone else to provide care.



#### CAN I CONTINUE TO CARE FOR MOB WHO CAN'T LEAVE THEIR HOME?

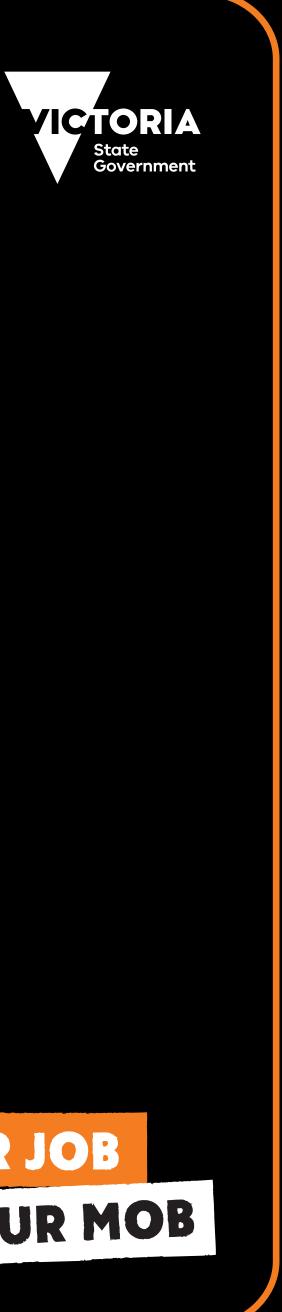
Yes.

Think about mob and how you can support each other during a period of self-quarantine.

If you're not currently in selfquarantine but others around you are, think about how you might be able to help them out, such as getting food and necessities.



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### **Q&As social tiles** Topic: Being outside

### CAN I CAMP ON COUNTRY?



No, not right now.

While being on Country or in the bush is important for mob, camping on Country is not one of the four reasons you can leave your home.



#### CAN I GO FISHING OR CAMPING?

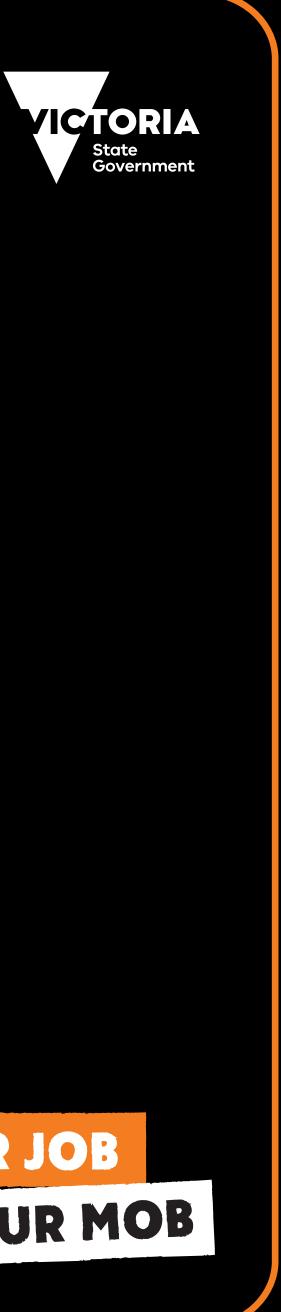
No.

You can only leave your home for one of the four permitted reasons.

Fishing and camping are not one of those reasons.



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#### **Q&As social tiles** Topic: Greetings

#### CAN WE STILL GREET MOB THE USUAL WAY?



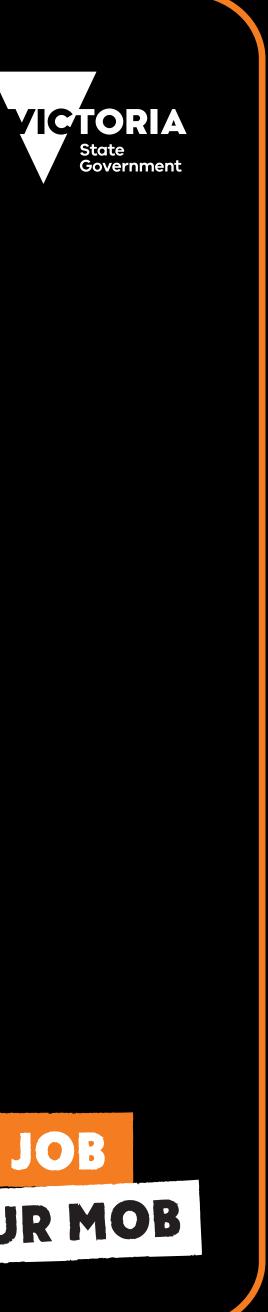
No.

Even though it is cultural and respectful, handshakes, hugs and kisses are not safe at the moment.

If you see mob around, keep 1.5 metres apart and give a proper blackfella wave instead.







#### **Q&As social tiles** Topic: School

### SHOULD I SEND MY **KIDS TO SCHOOL?**



All children who can learn at home, must learn from home.

If you think your children might have difficulty learning from home, you should talk to your children's school, a Koorie Education Coordinator or Koorie Education Support Officer.

www.education.vic.gov.au/ about/contact/Pages/ marrungregional.aspx

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#### HOW DO I TEACH MY **KIDS AT HOME?**

There's a bunch of information to help parents and guardians teach their kids.

You can find it here:

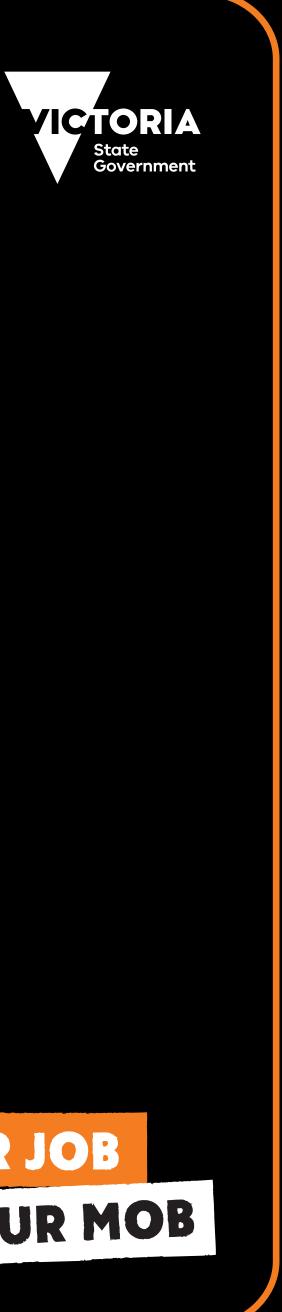
education.vic.gov.au/parents/ learning/Pages/home-learning.aspx





www

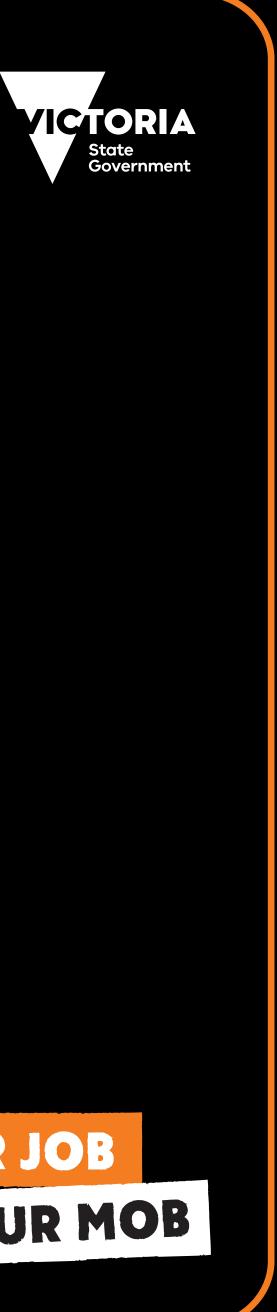
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### To download all Q&A social graphics here: https://cloud.think-hq.com.au/s/MX7RyXmM8wFDMPK









### CORONAVIRUS (COVID-19) POSTER

#### IT'S OUR JOB **SLOW THE SPREAD OF** PROTECT OUR MOB CORONAVIRUS (COVID-19) **KEEP MOB SAFE**



STAY HOME UNLESS YOU'RE GETTING FOOD AND SUPPLIES THAT YOU NEED, EXERCISING, SEEKING MEDICAL CARE OR CAREGIVING, OR ACCESSING WORK OR EDUCATION - IF YOU CAN'T DO IT FROM HOME.



IF YOU MUST BE OUT, KEEP YOUR DISTANCE AND MAKE SURE THERE'S AT LEAST 1.5 METRES **BETWEEN YOURSELF AND OTHERS AT ALL TIMES.** NO SHARING DRINK BOTTLES OR CIGARETTES.



**GREET MOB FROM AFAR WITH A PROPER** BLACKFELLA WAVE. WE KNOW IT'S CULTURAL AND A SIGN OF RESPECT, BUT HANDSHAKES, HUGS AND **KISSES ARE NOT SAFE AT THE MOMENT.** 



WASH YOUR HANDS OFTEN FOR AT LEAST 20 SECONDS WITH SOAP AND DRY WITH A PAPER TOWEL OR HAND DRYER.



**KEEP HEALTHY BY DRINKING WATER, EATING** HEALTHY FOODS, EXERCISING AND GETTING PLENTY OF SLEEP.

IF YOU ARE ABORIGINAL OR TORRES STRAIT ISLANDER AND ARE EXPERIENCING ANY SYMPTOMS OF CORONAVIRUS (COVID-19) INCLUDING FEVER, SHORTNESS OF BREATH, COUGH OR A SORE THROAT, IT'S IMPORTANT YOU GET TESTED FOR CORONAVIRUS (COVID-19).

CALL THE DEDICATED CORONAVIRUS (COVID-19) HOTLINE ON 1800 675 398 FOR ADVICE.

#### FOR MORE INFORMATION

DHHS.VIC.GOV.AU/CORONAVIRUS-INFORMATION-ABORIGINAL-COMMUNITIES CORONAVIRUS (COVID-19) HOTLINE 1800 675 398 (24 HRS) KEEP OOO FOR EMERGENCIES ONLY

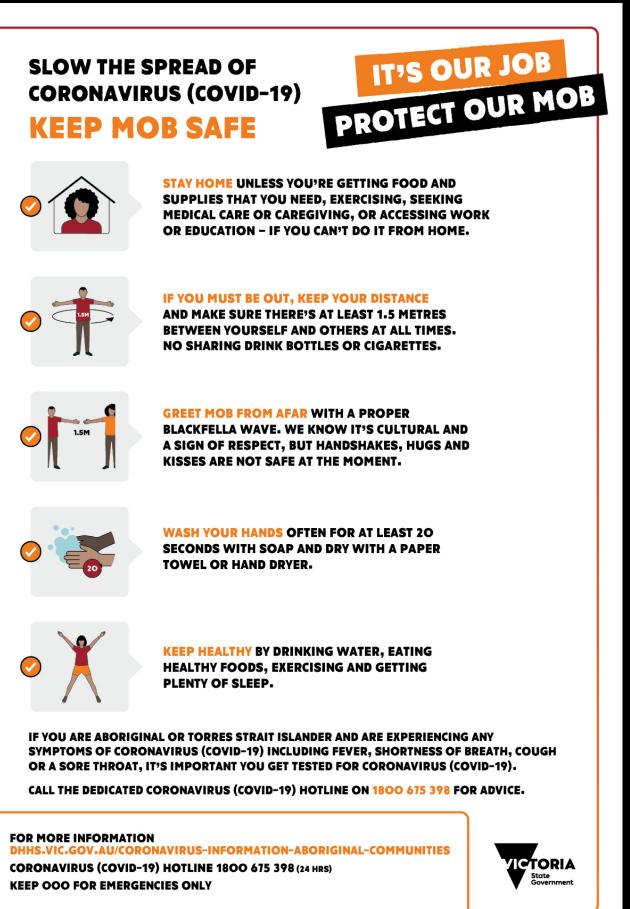


Authorised and published by the Victorian Government, 1 Treasury Place, Melt

Download image to share on social media

#### **Suggested text:**

#### Us mob are at serious risk of coronavirus. We need to protect ourselves, our families and our Elders.

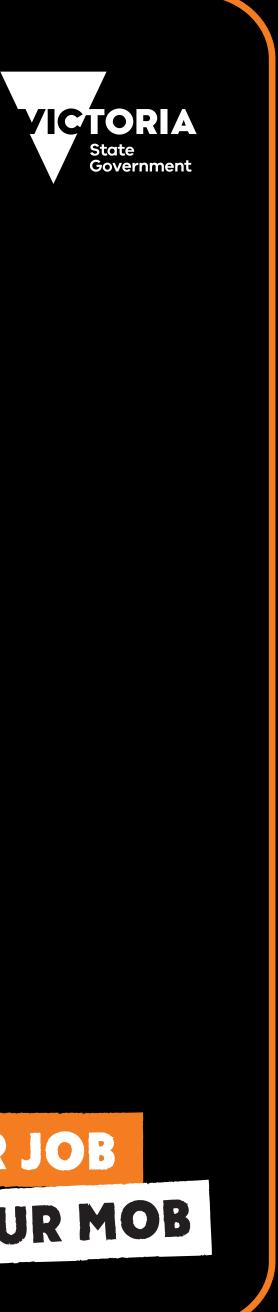












Authorised and published by the Victorian Government, 1 Treasury Place, Melbourn

Download and print this poster to place in common areas



## CORONAVIRUS (COVID-19) AUDIO MESSAGE

Three 30 second audio messages have been recorded by Barranbinya man, Tony Armstrong.

#### **SCRIPT 1 STAY HOME AND PROTECT ELDERS**

Us mob are at serious risk of coronavirus.

Help protect our Elders and our communities. Stay home to slow the spread.

Remember, there's only four reasons to be out: to get food and supplies, exercise, seek medical care and provide caregiving, or for work or education - but only if it's necessary.

For more information about coronavirus call the hotline on 1800 675 398.

It's Our Job, Protect our Mob.

Victorian Government. Managing this together.

#### SCRIPT 2 PHYSICAL DISTANCING

Us mob are at serious risk of coronavirus. We need to protect ourselves, our families and Elders.

That means staying at home – and if you must be out, keeping at least 1.5 meters between yourself and others.

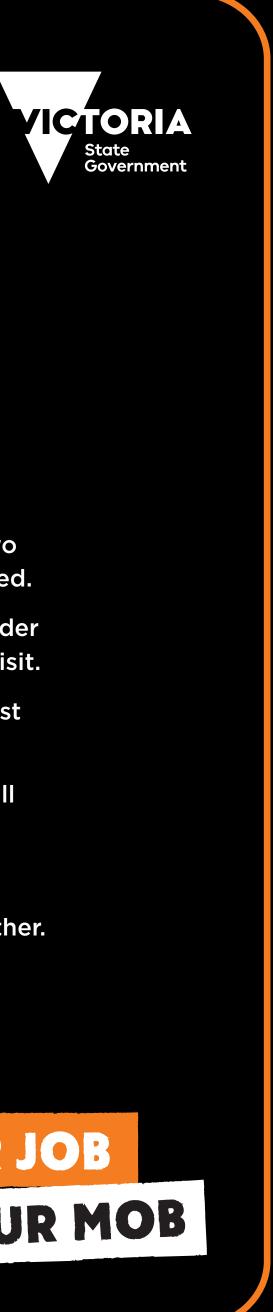
We know its cultural and a sign of respect, but no handshakes, hugs and kisses for now. If you see mob around, give a proper blackfella wave instead.

For more information about coronavirus call the hotline on 1800 675 398.

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Victorian Government. Managing this together.

### To download audio messages here: https://cloud.think-hq.com.au/s/ndT6p4YMTB5qiFN



#### SCRIPT 3 **GATHERINGS**

To help slow the spread of coronavirus and keep mob safe, gatherings of more than two people outside your household are restricted.

If you have more than two people living under the same roof, that's ok, but no more can visit.

Stay connected with mob, yarn online or just use the deadly phone like the old days.

For more information about coronavirus call the hotline on 1800 675 398.

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FACEBOOK AND INSTAGRAM CAROUSEL **Option 1** 



Stay informed.

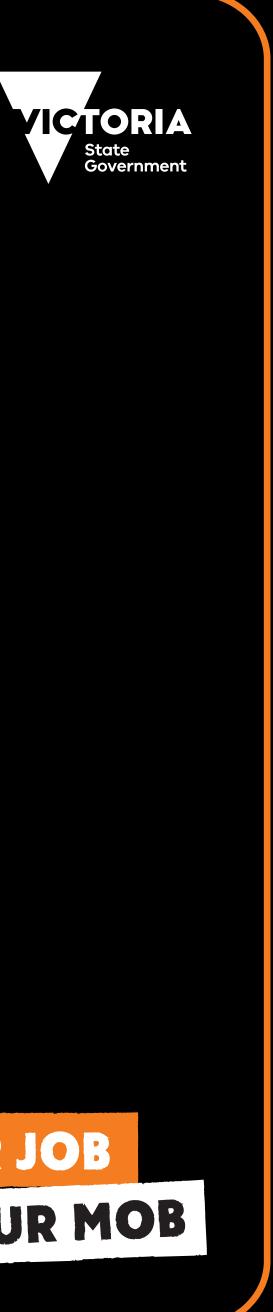
Stay informed.

#### Suggested text:

Us mob are at serious risk of coronavirus. We need to protect ourselves, our families and our Elders. The only reasons you should be out of the house are for food and supplies that you need, exercise, medical care and caregiving, work and education – but only if necessary.

If you have to go out, stay 1.5m away from people. And remember - wash your hands for 20 seconds with soap and water! If you have symptoms (including fever, shortness of breath, sore throat or cough) get tested. Stay Deadly but Stay Home.







Help slow the spread. Stay informed.



Help slow the spread. Stay informed.

Button: Learn more URL: coronavirus.vic.gov.au/...



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Victorian Department of Health & Human Services 7 hrs · Q

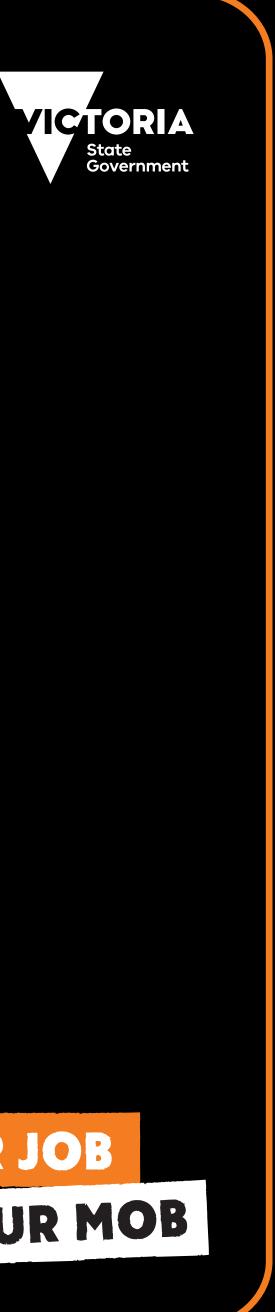
Coronavirus is serious. If we don't do our bit, mob will get sick. Some might die ... See more.



#### FACEBOOK AND INSTAGRAM LINK AD / POST Option 2

Suggested text:

Coronavirus is serious. If we don't do our bit, mob will get sick. Some might die. Our communities and Elders are at serious risk. We need to be smart and respectful about the choices we make. No hanging out with friends. No parties. Help slow the spread. Stay deadly, but stay home.





### PROTECT OUR MOB

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Victorian Department of Health & Human Services 7 hrs · 🕢

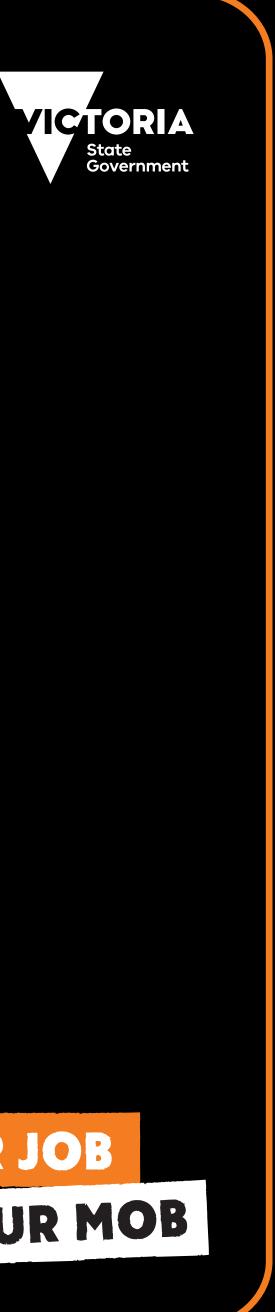
Our communities and Elders are at serious risk of coronavirus. There are only four reasons to be out ... See more.



FACEBOOK AND INSTAGRAM LINK AD / POST Option 3

Suggested text:

Our communities and Elders are at serious risk of coronavirus. There are only four reasons to be out. We need to make smart and respectful choices to protect our Elders and mob. Help slow the spread. Stay deadly, but stay home.









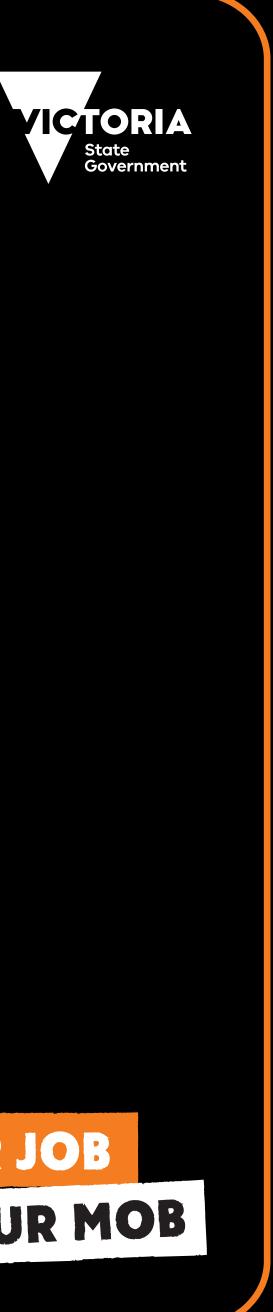
FACEBOOK AND INSTAGRAM CAROUSEL **Option 4** 



Button: Learn more URL: coronavirus.vic.gov.au/...

#### Suggested text:

Our communities and Elders are at serious risk of coronavirus. There are only four reasons to be out. We need to make smart and respectful choices to protect out Elders and mob. Help slow the spread. Stay deadly, but stay home.

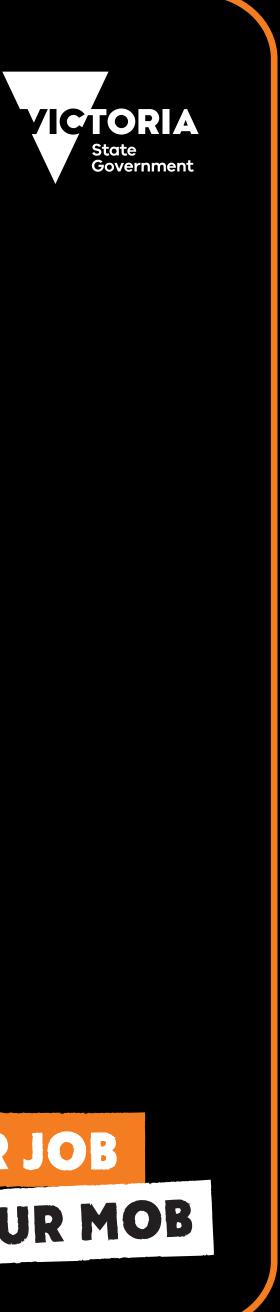




### PROTECT OUR MOB

### CORONAVIRUS (COVID-19) SUGGESTED SOCIAL MEDIA POSTS

### To download all social graphics here: https://cloud.think-hq.com.au/s/DrSBA733y3zKENL









# FOR FURTHER INFORMATION VISIT <u>WWW.CORONAVIRUS.VIC.GOV.AU</u>

