

## **USE OF PUBLIC OPEN SPACE FOR PERSONAL TRAINING**

### **Policy Objective**

This policy aims to define the use of public open space within the Central Goldfields Shire Council for commercial fitness groups and personal fitness trainers, and the need to regulate the use of Council facilities for this purpose.

In implementing this policy, Council aims to:

- Ensure equity of access to public open space,
- Reduce the impact of commercial fitness activities on asset condition and maintenance,
- Ensure operators are appropriately covered by public liability and professional indemnity insurance, and
- Create a situation where commercial fitness training activities operate harmoniously with the surrounding community.

### **Definitions for purposes of this Policy**

- a) Open space, a Park, and Reserve** - Any area of land within the Central Goldfields Shire that is owned, occupied or controlled by Council and dedicated or used for cultural, recreation or entertainment purposes.
- b) Commercial Fitness Training Activity** - A commercial fitness training activity conducted for commercial gain and aimed at attracting fee paying participants.

### **Scope**

This policy applies to commercial fitness training activities, in the following locations (but not limited to);

- Princes Park Precinct,
- J.H. Hedges Oval,
- Lake Victoria,
- MKM Oval,
- Jack Pascoe Reserve,
- Frank Graham Oval,
- Phillips Gardens,
- Station Domain,
- Roscholler Park,

- Market Reserve,
- Gordon Gardens,
- Pioneer Park.

Other open space areas where commercial fitness activities could occur include;

- Carisbrook Recreation Reserve,
- Deledio Reserve,
- Talbot Recreation Reserve.

However applications to use these open spaces are outside the scope of this policy as each of these facilities is managed by a Committee.

### **Exemptions**

The following groups are exempt from this policy.

- Sporting Groups
- School Groups
- Emergency Services Groups
- Community Groups
- Social Groups
- Or any other group who are conducting activities in an open space without the intention of gaining profits.

### **Conditions**

Areas where commercial fitness training activities are not permitted include:

- Playgrounds
- Picnic and BBQ facilities
- Memorials
- Bushland
- Any designated sports field without a formal booking.

Council may nominate other areas during the life of this policy as it sees fit.

### **Eligibility**

The following criteria needs to be meet in order to be eligible for a permit to provide commercial fitness training activities within the Central Goldfields Shire Council's open areas.

- Operators need to have an emergency management procedure and /or a risk management plan.
- Current first aid certificate.

- Need to have Certificate 3 or 4 in Fitness and/or registration with Fitness Australia, or Kinect Australia.
- Current Public Liability Insurance which indemnifies the Central Goldfields Shire Council to the minimum of \$10 million.

Documentary evidence of the above must be provided at time of application.

### **Permits**

A permit will be valid for up to one year from the time of issue and will authorise each Operator to use Council open spaces in accordance to the guidelines set out in the policy.

### **Criteria**

Criteria for the allocation of public open space will include:

- The usage demand and intensity of use of the areas and times requested.
- The number of approved Operators already using the area.
- Other activities already being undertaken in the area.
- The type of activities and the potential impact on other users and neighbouring residents during the times requested.
- Whether the activities will contribute to increasing congestion or user conflict in the area requested.
- At all times preference will be given to traditional seasonal users of facilities, e.g. football, cricket, soccer, netball clubs/Associations, etc.

### **Fee Structure**

<b>Number of Participants</b>	<b>Quarterly Fee</b>	<b>Annual Fee</b>
1-10 participants	\$93	\$360
11-20 participants	\$129	\$515

### **General Permit Conditions**

Council will ensure that a maximum of one personal fitness training group is allocated any one open space at any one time.

Permit holders will abide by the following general permit conditions;

- operate only in the areas and at the times specified by the council permit,
- manage the activities to minimise wear and tear on grassed areas,
- ensure all hazards are made safe and reported to council immediately,
- always conduct activities in a proper and orderly manner and be considerate to other users and adjacent residents when conducting training on public open space,

- conduct activities so as not to dominate, monopolise, and/or obstruct any stairways or pathways,
- ensure that their clients do not use park furniture inappropriately in any way,
- ensure that the training area is restored to the same condition it was at the commencement of training,
- not interfere with any Council approved or booked activity,
- groups are to be no larger than 20 participants not including the permit holder,
- the use of mega-phones and any amplified music is strictly prohibited.

### **Fitness Activities Allowed**

- Resistance training.
- Boxing and pad training.
- Organised aerobic activity.
- Yoga, Tai Chi and Pilates.
- Circuit Training.
- Combination of any of the above.
- Other fitness activities which have been submitted and approved by Council.

### **Excluded Activities**

- Any activity that is deemed to be aggressive or intimidating to the public.